

Who Can Receive Services?

If you're pregnant or a parenting teen, 19 or younger (that includes teen dads, by the way!), and you live in Boone County, the Catholic Charities Adolescent Outreach Program is here to serve you.



What Else Should I Know?

If you live in Boone County: Call (815) 544-5434 and ask for the Adolescent Outreach Worker.



**554 S. Main St.
Belvidere, IL 61008
(815) 544-5434
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Website:

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A United Way Agency



Teens Who Are Pregnant and Parenting



**Catholic Charities
Diocese of Rockford**

OK, I'm pregnant, now what???

I'm only a teenager, where do I get help?

This is total stress! I've never been so scared and confused.

I feel so alone. Who can I talk to?

How do I juggle work and school?
And now a baby too!

What about friends? I thought 'peer pressure' was bad before!

What about my baby's father?

What about my family?

How and where do I find babysitters?
What help is out there for me?

What am I going to do about money?

Chances are, you've asked at least some of these questions. Maybe you're still waiting for the answers. Or, maybe it would help to have someone there to listen.

That's where we come in. The Adolescent Outreach Program works FOR you, WITH you... it's ABOUT you.

We'll even come to you, to your home, to school, even the park, if that's where you're most comfortable.

We respect your privacy. Everything between you and your Outreach worker is confidential, and it's free!

We'll help you find what's available to help you manage your new life, and help you get connected to services and assistance in your community.



What services are we talking about?

- Education
- Employment
- Transportation
- Childcare
- Housing/Emergency shelter
- Health Care
- Social networks
- Public Aid
- Emergency Assistance

What can you expect from the program?

You can expect to be *our* focus, so that *you* can focus on you and your child's needs.

Learn to: handle health concerns, build your self-esteem, work on relationships, increase effective decision-making, and parenting skills.

Learn practical skills like: budgeting, shopping, cooking, creating and living with daily schedules that will work for *you*.

Become independent!