

WE'RE HERE TO HELP

Catholic Charities' counseling team strives to respond to your needs with quality, caring and individualized interventions that quickly address and resolve the difficulties that bring you to call us.



779-210-8698

www.catholiccharities.rockforddiocese.org

OUR MISSION

Our mission is to serve God for the common good with compassion, dignity and respect, to assist people in achieving a degree of independence consonant with their human dignity, and to work in solidarity with the Church and other people of good will in advocating for justice.

LOCATIONS

Belvidere
Rockford
DeKalb
McHenry
Aurora

For counseling inquiries please contact Richard Parsons at 779-210-8698

RParsons@RockfordDiocese.org

CATHOLIC CHARITIES COUNSELING

H O P E
H E L P
H E A L I N G



ARE YOU EXPERIENCING

- Depression
- Anxiety or stress
- Life transitions
- Loss or grief
- Relationship issues
- Problem anger
- Difficulty coping
- Issues regarding past abuse or trauma



WHO WE ARE

Catholic Charities counselors are licensed, caring professionals, providing quality mental health services in various locations throughout the diocese for children, adolescents, adults, couples and families of all faiths.

WHAT WE DO

Informed by a Catholic understanding of the human person, our approach to treatment is:

Integrated
Solution-Focused
Collaborative
Person-Centered
Individualized



WE PROVIDE

Assessment and Referral
Individual Therapy
Couples Therapy
Group Therapy
Family Systems Therapy
Art Therapy
Consultation to Schools,
Parents & Clergy

OUR SERVICES ARE

confidential
sensitive
effective
accessible
affordable

Services are provided on a sliding scale based on household size and income. We work diligently to assure that services are provided according to each person's need & situation.



**Help, Hope & Healing
can begin
with one phone call.**

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