

LOVING GOD, YOU ARE ALWAYS NEAR TO US, ESPECIALLY WHEN WE ARE WEAK, SUFFERING AND VULNERABLE.

Reach out to those who experience mental illness. Lift their burdens, calm their anxiety, and quiet their fears. Surround them with your healing presence that they may know that they are not alone. We ask this through the intercession of Our Lady of Lourdes and in the name of your Son, Jesus and the Holy Spirit, now and forever. AMEN.

Catholic Health Association of the United States

Prayers

*Physician of Souls, Healer of Hearts,
create within me an unwavering resolution
to be a reflection of your unconditional love
as I accompany others in their time of suffering.*

*Bring teachers of compassion into my life
who will be mentors of dedicated care,
and guides to show me how best to respond.*

*Be the wisdom I seek in being fully attentive
without being taken over by another's pain.
Keep me aware of wanting to fix or be in charge.*

*Grant insightful patience so I do not hurry
a healing process, when what it really needs
is sufficient time and sustained gestation.*

*Journey with me to each one whom I companion;
show me how to mirror your compassion,
to be a reflection of your light-filled presence,
and a reassuring demeanor of understanding.*

*Move me to enter wholeheartedly into suffering,
while not allowing it to plummet into my soul.
Help me to keep a healthy balance of caring,
as I tend lovingly to others and to myself.*

Pp 34-35, Rupp, J. (2018). Prayers of boundless compassion. Notre Dame: Ave Maria Press.

Loving God, we pray today for those who are confronted by the sadness, ambiguity and confusion of mental illness, and for those upon whom they depend for attention and compassionate care. Look with mercy on all whose afflictions bring them weakness, distress, confusion or isolation. Provide for them homes of dignity and peace; give to them understanding helpers and the willingness to accept help. We ask this in the name of Jesus Christ our Lord. Amen.

Catholic Health Association of the United States

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God.

2 Corinthians 1:3-4