

A REAL DISEASE. JUST LIKE HEART
DISEASE OR DIABETES, IT REQUIRES
MEDICAL TREATMENT.

Bipolar Disorder



1 in 200 (or 37 million) people live with
bipolar disorder worldwide. (WHO)

*Listen and encourage loved ones to:
pray, persevere, stay on meds, seek therapy.*

He woke up, rebuked the wind, and said to
the sea, "Quiet! Be still!" The wind ceased
and there was great calm. Mark 4:39

Need HELP now call or text 988 (SAMHSA)

*Brought to you by Catholic Charities
Mental Health Ministry Rockford Diocese*